

# BREAKFAST

Served All Day



**SERVED WITH A CUP OF FILTER COFFEE  
OR A POT OF CEYLON OR ROOIBOS TEA**

## BREAKFAST SMOOTHIE 36.50

Plain yoghurt, muesli, banana, honey & almonds, with a dash of milk.

## ANCHOVY / BOVRIL TOAST

(White / Brown / Low GI)

1 slice 12.00  
2 slice 24.00  
Artisan Toast Add 2.50 per slice

## EGG ON TOAST 33.50

2 eggs (fried or scrambled) on two slices of toast (White / Brown / Low GI)

On Artisan Toast Add 4.50

## BOWL OF OATS 35.00

Topped with grated apple, cinnamon & honey on the side.

## HEALTHY BREAKFAST 46.50

Fresh fruit salad & plain yoghurt, drizzled with honey.

Served with a glass of Sunshine Juice  
(Orange / Mango / Fruit Cocktail / Apple)

Add Muesli 8.50

## \*NO-CARB BREAKFAST 46.50

2 eggs (fried or scrambled), 2 rashers of bacon & grilled tomato.

## \*REVELATIONS BREAKFAST 57.50

2 eggs (fried or scrambled), 2 rashers of bacon, grilled tomato, chips & a slice of toast (white or brown) with butter & jam.

## VEGAN BREAKFAST 44.50

Hash brown, grilled mushrooms, caramelised onion, grilled tomato, chips & toast with jam.

**\*Vegetarian option available**

## HASH BROWN BREAKFAST 47.50

2 hash browns, with 2 slices of ham (or bacon) and two fried eggs. Covered with cheese sauce.

Make it VEGETARIAN, swop the ham/bacon for grilled mushrooms.

Add hash browns to any breakfast  
Add 8.00 per hash brown

## BREAKFAST WRAP 49.50

2 scrambled eggs, bacon pieces & caramelised onion, in a toasted wrap.

## VEGETARIAN BREAKFAST WRAP 49.50

2 scrambled eggs, grilled mushrooms & caramelised onion, grated mozzarella in a toasted wrap.

## PESTO BREAKFAST 52.50

2 slices of lightly toasted artisan bread, spread with basil pesto & topped with two scrambled eggs, grilled mushrooms & cocktail tomatoes.

## BREAKFAST WAFFLE 54.50

Stacked with bacon & fried banana & drizzled with maple syrup.

## FRENCH TOAST 58.50

Two slices of toast (White / Brown / Low GI), topped with bacon & melted cheese & maple syrup

## DE LUX BREAKFAST 88.50

Burger patty, 2 beef sausages, 2 eggs (fried or scrambled), 2 rashers of bacon, grilled tomato, chips & a slice of toast (white or brown) with butter & jam.

Swop the patty for 150g Sirloin steak 99.50



## OMELETTES

3 egg omelette

Cheddar Cheese.....50.50

Cheddar Cheese, Tomato & Onion..... 53.50

Spinach & Feta..... 55.50

Ham & Cheddar Cheese.....59.50

Spinach, Bacon & Feta..... 61.50

Bacon (or Ham), Cheddar Cheese & Tomato.....61.50

Bacon (or Ham), Mushroom & Cheese..... 63.50

Mushroom, Spinach & Caramelised Onion..... 63.50

Avo, Bacon & Feta (or Cheddar Cheese)..... 65.50

Mozarella Cheese, Sundried Tomato & Grilled Mushrooms... 65.50

Sundried Tomato, Grilled Mushrooms, Pesto & Caramelised Onion..... 65.50

Swop the Cheddar Cheese on any omelette for Mozarella Cheese

.....Add 4.00

Avo's are seasonal and we can substitute for guacamole when not available.

# TOASTED SANDWICHES

Served with a garnish salad

## TOASTED SANDWICHES / TRAMEZZINIS / WRAPS

	WHITE / BROWN / LOW GI	WRAP	TRAMEZZINI
Cheddar cheese	23.00	26.00	35.00
Cheddar cheese and tomato	26.00	29.00	35.00
Ham and cheddar cheese	27.00	30.00	40.00
Ham, cheddar cheese and tomato	29.00	32.00	42.00
Bacon and banana	29.00	32.00	42.00
Bacon and cheddar cheese	30.00	33.00	43.00
Mushroom and cheddar cheese	30.00	33.00	43.00
Chicken and mayonnaise	32.00	35.00	45.00
Avo, Mozzarella cheese and tomato	32.00	35.00	45.00
Bacon and avo	32.00	35.00	45.00
Egg (fried or scrambled) and bacon	33.00	36.00	46.00
Bacon, Egg (fried or scrambled) tomato and caramelised onion	35.00	38.00	46.00
Avo, bacon and feta	35.00	38.00	48.00
Chicken, mayonnaise and bacon	35.00	38.00	48.00
Bacon, mushroom and avo	35.00	38.00	48.00
Grilled chicken, creamed cheese, peppadews and tomato	36.00	42.00	50.00
Grilled chicken, caramelised onion, mushroom and Mozzarella	36.00	42.00	50.00

Cheddar Cheese can be swapped for Mozzarella Cheese Add : 4.00

Would you prefer your sandwich on toasted Artisan Bread ? Add : 4.50

# ARTISAN SANDWICHES

## SERVED ON LIGHTLY TOASTED HOMEMADE ARTISAN BREAD

<b>PESTO</b> 35.50 Sundried tomato, basil pesto, rocket and grated cheddar cheese.	<b>ROCKET &amp; 4 CHEESES</b> 45.50 Creamed cheese, cheddar, brie & feta (or blue cheese), with rocket & avo	<b>BACON</b> 47.50 Shoulder bacon, caramelised onion, rocket, brie & guacamole.
<b>BRIE</b> 41.50 Basil pesto, caramelised onion, brie and avo.	<b>GOURMET</b> 45.50 Basil pesto, caramelised onion, sundried tomatoes, feta (or blue cheese), peppadews and guacamole. Add Grilled Chicken or Bacon 9.50	<b>ARTISAN CHEEZA</b> 47.50 With mozzarella and cheddar cheese and any TWO toppings (1 meat + 1 other) of your choice: bacon, ham, chicken, olives, sliced tomato, mushrooms, peppadews, raw onion, caramelised onion, feta, basil pesto, sundried tomatoes Make it VEGETARIAN, choose 3 of the above "non-meat" toppings.
<b>VEGETARIAN</b> 43.50 Mushrooms, caramelised onion, peppadews, sliced tomato and avo	<b>CHICKEN</b> 47.50 Strips of chicken breast, with rocket, feta & guacamole. Drizzled with mayonnaise	
<b>CREAM CHEESE</b> 45.50 Basil pesto, sundried tomatoes, cream cheese, rocket and avo.		

Avo's are seasonal and we can substitute for guacamole when not available.

# BURGERS

Served with chips or salad or vegetables

**SERVED ON A LIGHTLY TOASTED BUN WITH LETTUCE, TOMATO AND ONION.**

## NAKED BURGER?

Take any of the burgers on our menu and strip them NAKED (ie: without the bun). Add any topping below at no extra charge. Caramelised onion / sweet chilli mayo / onions rings x 2 / guacamole / sliced onions / sliced tomato / slice of cheddar cheese / rocket / slice of bacon / homemade onion marmalade.

**VEGETARIAN BURGER** 59.50  
Crumbed FRYS vegetarian patty

**GOURMET VEGETARIAN BURGER** 65.50  
Crumbed FRYS vegetarian patty, topped with grilled mushrooms, caramelised onion and rocket

**SPARE RIB BURGER** 68.50  
Marinated pork rib patty

**CRUMBED CHICKEN BURGER** 63.50

**CHICKEN BURGER** 61.50  
150g Succulent grilled chicken breast

**SWEET CHILLI CHICKEN BURGER** 63.50  
Grilled chicken breast with sweet chilli mayonnaise

**BACON AND CHEESE CHICKEN BURGER** 74.50  
Grilled chicken breast, with grilled bacon and cheddar cheese

**BACON, CHEESE & GUACAMOLE CHICKEN** 77.50  
Grilled chicken breast, with grilled bacon, cheddar cheese and guacamole

**BEEF BURGER** 65.50  
150g pure beef patty

**SAUCY BEEF BURGER** 74.50  
150g pure beef patty and a sauce of your choice

**BACON AND CHEESE BURGER** 77.50  
150g pure beef patty, with grilled bacon and cheddar cheese

**BACON AND BLUE CHEESE BURGER** 77.50  
150g pure beef patty, with grilled bacon and blue cheese (Swop the Blue Cheese for Brie if you prefer)

**BACON AND AVO BEEF BURGER** 77.50  
150g pure beef patty, with grilled bacon and sliced avo

**BACON, CHEESE & GUACAMOLE BURGER** 79.50  
150g pure beef patty, with grilled bacon, cheddar cheese and guacamole

**MUSHROOM BEEF BURGER** 82.50  
150g pure beef patty, with grilled mushrooms, mozzarella and rocket. With a mushroom sauce

**DE-LUX BURGER** 95.50  
2 x 100g pure beef patties, basted with our special sauce, topped with caramelised onion, bacon, avo and a slice of cheddar cheese.



## ADD ON'S

These items must be ordered as part of a menu item and may not be ordered on their own.

- Caramelised Onion.....5.50
- Toast (1 slice) White / Brown / Low GI (with butter and jam) 6.50
- Artisan Toast (1 slice) (with butter and jam).....8.50
- Fried or scrambled egg (1).....6.50
- Bacon (per rasher).....7.50
- Avo.....9.50
- Hash Brown.....8.00
- Onion Rings x 3.....8.00
- Cheese - Cheddar.....9.50
- Cheese - Mozzarella.....10.00
- Cheese - Blue / Feta / Brie....12.00
- Homemade Onion Marmalade....10.00
- Grilled mushrooms.....15.00
- Beef Sausage 15.00

### SAUCES

- Garlic butter, lemon butter. 12.00
- BBQ, cheese, creamy garlic, 17.00
- monkeygland, mushroom, pepper

**ADD: PLEASE LOOK AT OUR "ADD ON" SECTION OF THE MENU TO SEE WHAT YOU CAN ADD TO YOUR BURGER**

Avo's are seasonal and we can substitute for guacamole when not available.

# SALADS

All our salads are served with our homemade dressing.

## THE FOLLOWING PRICES ARE FOR OUR HALF PORTION SALADS

<b>GREEK</b>	34.50	<b>CHICKEN OR BACON WORKS</b>	43.50
Lettuce, tomato, onion, peppers, cucumber, olives and feta.		Lettuce, tomato, onion, peppers, cucumber, grilled chicken (or bacon pieces), avo, feta, peppadews and olives.	
<b>CHICK PEA AND BUTTERNUT</b>	36.50	<b>SUMMER SALAD (VEGETARIAN)</b>	43.50
Cinnamon infused butternut, chickpeas, cucumber and feta on a bed of lettuce.		Lettuce, tomato, onion, cucumber, roasted butternut, chick peas, avo, feta, peppadews, topped with roasted sunflower, sesame and pumpkin seeds.	
<b>PASTA SALAD</b>	38.50	<b>SUMMER SALAD (BACON OR CHICKEN)</b>	46.50
Rocket, basil pesto & sundried tomatoes mixed with our garlic herbed mayonnaise dressing and topped with olives.		Lettuce, tomato, onion, cucumber, roasted butternut, grilled chicken (or bacon pieces), avo, feta, peppadews, topped with roasted sunflower, sesame and pumpkin seeds.	
Add bacon or chicken	9.50	<b>CALAMARI SALAD</b>	46.50
<b>CURRIED CHICKEN</b>	41.50	Marinated and grilled calamari strips with lettuce, tomato, cucumber and feta. Served with a lemon wedge	
Lettuce, tomato, onion, peppers, cucumber, grilled chicken, grated cheese, with a curried mayonnaise dressing.		<b>CORONATION SALAD</b>	46.50
<b>TUNA SALAD</b>	41.50	Grilled chicken, grapes and cherry tomatoes in a garlic herbed mayonnaise dressing, on a bed of lettuce.	
Tuna, lettuce, tomato, peppers, cucumber, feta and mayonnaise.			
<b>CHICKEN AND BLUE CHEESE</b>	41.50		
Lettuce, tomato, onion, cucumber, grilled chicken, sliced apple and blue cheese. (swop the chicken for bacon if you prefer)			
<b>PEAR AND BLUE CHEESE</b>	41.50		
Lettuce, tomato, onion, cucumber, grilled chicken, sliced pear and blue cheese. (swop the blue cheese for feta or brie if you prefer)			

## ALL THE ABOVE SALADS ARE AVAILABLE AS A FULL PORTION

Avo's are seasonal and we can substitute for guacamole when not available.

## OPEN SANDWICHES

ON TOASTED WHITE / BROWN / LOW GI ON ARTISAN BREAD - ADD 4.00

<b>VEGETARIAN OPEN</b>	45.50	<b>GUACAMOLE B.L.T.</b>	58.50
Basil pesto, shredded lettuce, sliced tomato, avo, homemade onion marmalade. Topped with grated mozzarella.		Guacamole, bacon lettuce, tomato and mayonnaise on a bed of salad greens, topped with grated cheddar cheese.	
Add Grilled Chicken or Bacon	9.50	<b>CHICKEN PESTO</b>	58.50
<b>A.F.T.</b>	45.50	Grilled chicken pieces, basil pesto, sliced tomato, rocket, avo and grated mozzarella, on a bed of lettuce. Drizzled with mayonnaise	
Avo, feta and tzatziki on a bed of shredded lettuce			

# LIGHT MEALS

## SOUP OF THE DAY 39.50

Served with a bun

## SOUP & SANDWICH 51.50

Our homemade soup, served with a toasted cheddar cheese artisan sandwich

## HOT DOG 45.00

Russian hot dog, topped with caramelised onion and served with chips.

## SIDE PLATE OF CHIPS 20.00

## PLATE OF CHIPS 40.00

## CHIPS & SAUCE 49.50

A large portion of chips and a sauce of your choice (Mushroom / BBQ / Monkeygland / Cheese / Pepper / Garlic / Cheesy Garlic)

## CHIPS & CHEESE 49.50

A large portion of chips topped with melted cheddar cheese

Add bacon pieces 9.50

## STICK BBQ CHICKEN WINGS 62.50

8 Sticky wings served with chips

## BATTERED HAKE 59.50

Served with chips or salad or vegetables and tartare sauce

## STEAK & CHIPS 65.00

150g marinated sirloin steak, served with chips or salad or vegetables

## QUICHE OF THE DAY 57.50

Served with a green salad

## VEGETARIAN WRAP 53.50

Creamed cheese, lettuce, tomato, onion, cucumber, avo, roasted seeds (sesame, sunflower & pumpkin) and drizzled with sweet chilli sauce.

Served with a salad garnish

## CHICKEN OR BACON WRAP 59.50

Grilled chicken (or bacon pieces) creamed cheese, lettuce, tomato, onion, avo and sweet chilli sauce. Served with a salad garnish

Have both the bacon and chicken in the wrap: 9.50

## CRUMBED CHICKEN WRAP 61.50

Crumbed chicken strips, creamed cheese, lettuce, tomato onion and avo. Drizzled with sweet chilli and honey and mustard dressing.

## SAVOURY PANCAKES

Add an extra pancake on any of the following 25.50

## SAVOURY SPINACH PANCAKE 49.50

Spinach and feta, topped with a creamy mushroom sauce and grated cheese. Served with a small green salad or a small portion of chips

## BUTTERNUT PANCAKE 49.50

Cinnamon infused butternut, feta, grilled mushrooms & sundried tomatoes, topped with a cheese sauce and grated cheese. Served with a small green salad

## CHICKEN AND MAYONNAISE PANCAKE 55.50

Chicken and mayonnaise, on a bed of lettuce, with tomato. Served with a small green salad or a small portion of chips.

## CHICKEN & PESTO PANCAKE 55.50

Crumbed chicken strips, feta, sundried tomato, basil pesto and rocket on a bed of lettuce. Served with a small green salad or a small portion of chips.

## MINCE PANCAKE 55.50

A mild curry flavoured mince with caramelised onion and mozzarella, topped with a cheese sauce and grated cheese. Served with a small green salad or a small portion of chips.

## SAVOURY CHICKEN PANCAKE 55.50

Grilled chicken, caramelised onion, topped with a creamy mushroom sauce and grated cheese. Served with a small green salad or a small portion of chips.

## CURRIED CHICKEN PANCAKE 55.50

Grilled chicken in a medium to hot curry sauce, topped with a creamy cheese sauce and grated cheese. Served with a small green salad.

# PASTA DISHES

## PESTO PASTA 74.50

Sundried tomatoes, mushrooms, peppers, onion and basil pesto, in a creamy garlic sauce with penne pasta. Topped with parmesan cheese.

Add bacon or chicken pieces 9.50

## MEDITERRANEAN PASTA 74.50

Garlic, sundried tomatoes, peppadews, feta and olives and our homemade Napolitana sauce, with penne pasta and topped with parmesan cheese.

Add bacon or chicken pieces 9.50

## POLLO AL FUNGI 85.50

Penne pasta, chicken, mushrooms, peppers, garlic, in a creamy pepper sauce. Topped with parmesan cheese.

## PENNE BOLOGNAISE 89.50

Penne pasta with our homemade bolognese sauce

## PASTA ALFREDO 85.50

Grilled mushrooms, peppers, onions and bacon, in a creamy garlic sauce with penne pasta. Topped with parmesan cheese.

## REVELATIONS PASTA 89.50

150g marinated sirloin steak strips with caramelised onion, grilled mushrooms, peppers and garlic with cream and penne pasta. Topped with parmesan cheese.

## LASAGNE

Our homemade lasagne, served with a small salad

Vegetable 69.50

Chicken & Mushroom 74.50

Beef 79.50

# SNACK BASKETS

## CHICKEN DIPPERS 54.50

3 x crumbed chicken strips, with chips and a sauce of your choice.

## VEGETARIAN SNACK BASKET 56.50

2 veg samosas, 2 veg springrolls, vegetarian nuggets, with chips, sweet chilli and BBQ sauce.

## CRUMBED CALAMARI RINGS 61.50

110g crumbed calamari rings, served with chips and tartare sauce and lemon.

## MINI SNACK BASKET 59.50

2 veg samosas 2 veg springrolls, 2 crumbed chicken strips, with chips, sweet chilli and BBQ sauce.

## MINI BBQ WING BASKET 59.50

4 Sticky BBQ wings, 2 chicken pizzamoosa, 2 veg springrolls served with chips, sweet chilli and BBQ sauce.

## CHICKEN BASKET 59.50

4 BBQ chicken wings, 2 crumbed chicken strips, 2 chicken rissoles with chips, sweet chilli and BBQ sauce.

## MEATY BASKET 62.50

Texan cocktail meatballs, crumbed chicken strips, chicken pizzamoosa with chips, sweet chilli and BBQ sauce.

# MORE SUBSTANTIAL MEALS

<b>MEDITERREAN CHICKEN</b>	79.50
Grilled chicken strips, with grilled mushrooms, onions, peppers and sundried tomato, lightly tossed in a creamy garlic sauce. Served with chips or salad or vegetables or rice.	
<b>CHICKEN SCHNITZEL</b>	81.50
Served with chips or salad or vegetables and a sauce of your choice.	
<b>CHICKEN CURRY</b>	83.50
A medium to hot curry. Served with rice and sambals	
<b>CAJUN CALAMARI &amp; CHICKEN</b>	92.50
200g marinated calamari strips, with grilled chicken, mushrooms, peppers and onion in a light to medium curried cream sauce. Served with rice or penne pasta.	
<b>GRILLED HAKE</b>	79.50
Served with chips or salad or vegetables and tartare sauce.	
<b>SURF &amp; TURF</b>	95.50
150g Sirloin steak and 110g deep fried calamari rings, served with chips and tartare sauce.	
<b>MUSSEL POT</b>	99.50
12 half shell mussels in a creamy garlic and white wine sauce. Served with rice and a bread roll.	
<b>SEAFOOD PLATE</b>	109.50
Crumbed hake fillet, 110g crumbed calamari rings and 4 half shell mussels in a creamy garlic & white wine sauce. Served with rice (or chips) and tartare sauce.	
<b>SIRLOIN STEAK</b>	109.50
300g marinated Sirloin steak. Served with chips or salad or vegetables.	
<b>OXTAIL</b>	109.50
In a rich red wine sauce. Served with rice and vegetables (Please allow 20-30 minutes)	

# SOMETHING SWEET

## SCONES

With jam & cheese	21.50
With jam & cream	21.50

## MUFFINS

Savoury - served with butter and cheese	21.50
Sweet - served with butter and jam	21.50

## WAFFLES

Served with cream or ice cream	31.50
Add: Maple Syrup	32.50
Honey	32.50
Bar one sauce	34.50
Chocolate	34.50
Caramel	34.50
Caramel and banana	36.50

## SWEET PANCAKES x 2

Cinnamon and sugar	22.00
Cinnamon sugar & ice cream	29.50
Ice cream and bar one sauce	34.50
Ice cream, caramel and banana	36.50

## FRESH FRUIT SALAD

With cream	41.00
With ice-cream	47.00
	47.00

## ICE CREAM AND CHOCOLATE SAUCE

(Two scoops of vanilla ice cream)

36.50

## OREO SUNDAE

Vanilla Ice Cream, chocolate sauce and crushed oreo's	39.50
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## CAKE OF THE DAY (per slice)

Cake	39.00
Cheesecake	36.00
Add a scoop of ice cream / cream	7.50



## ADULT MILKSHAKES

NOT FOR SALE TO PERSONS  
UNDER THE AGE OF 18

49.50

### PEPPERMINT

Chocolate milkshake with  
Nachtmusik & Peppermint  
liqueur

### STRAWBERRY LIPS

Strawberry milkshake with  
Strawberry lips liqueur  
& Frangelico

### BLUE BERRY CHEESECAKE

Blue Berry Cheesecake milkshake  
with Jack Daniels

### CHOCOLATE VELVET

Chocolate milkshake with  
Amarula & Cape Velvet

### BANOFFEE

Banana milkshake with Banana  
Liqueur & vodka

### "TANT SANNIE SE MELKERT"

With vanilla milkshake

### SALTED CAMEL VODKA

With vanilla milkshake



# COLD BEVERAGES

## **SODA FLOATS** 26.50

Coke, Coke Lite, Fanta Orange, Cream Soda, Sprite, Sprite Zero

## **SUNSHINE JUICE (350ml)** 19.50

Orange, Mango, Fruit Cocktail, Apple, Strawberry

## **HOMEMADE LEMONGRASS ICED TEA (350ml)** 17.50

## **SLO-JO LEMONADE**

Non-fizzy drink with ice and sliced lemon

Glass (350ml) 18.50

Jug (1 litre) 48.50

## **AS A SMOOTHIE - With crushed ice** 26.50

Slo-Jo Lemonade crush

Strawberry Lemonade

(Strawberry concentrate & slo-jo lemonade)

Green Apple Lemonade

(Green Apple & concentrate & slo-jo lemonade)

## **LIPTON ICED TEA (330ml)** 19.50

Lemon, Peach, Raspberry, Mixed Berry

## **FIZZY DRINKS (330ml)** 17.50

Coke, Coke Lite, Sprite, Sprite Zero, Cream Soda, Fanta Orange

## **FIZZY DRINKS (200ml)** 14.50

Soda Water, Tonic, Dry Lemon, Lemonade

## **TIZERES** 24.50

Appletiser, Grapetiser (red or white)

## **CORDIALS PER TOT** 6.90

Lime, Cola Tonic, Passion Fruit

## **BOTTLED WATER (500ml)** 15.50

Still or Sparkling

## **MILKSHAKES (350ml)**

Chocolate, Vanilla, Strawberry, Lime,

Bubblegum, Banana, Coffee 26.50

Milo, Bar-One, Chai, Oreo, Blueberry Cheesecake, Cherry, Hazelnut Coffee, Peanut Butter, 29.50  
Vanilla Coffee

Double Thick: Add.....7.50

## **FREEZO**

**Oreo Coffee** 29.50

Filter coffee, white symphony powder, oreo's and crushed ice

**Chocolate Peanut Butter** 29.50

Chocolate powder, peanut butter, milk & crushed ice

**Chocolate Chai** 29.50

Chocolate and chai powder, milk & crushed ice

# SMOOTHIES

## FLAVOURED SMOOTHIES

28.50

### MADE WITH FRUIT FLAVOURS, POWDERS & CRUSHED ICE

- Mango Blast** (Mango & white symphony chocolate)
- Mango Lemon** (Mango & lemonade concentrate)
- Mango Berry** (Mango & mixed berries)
- Lemon Berry** (Mixed berry & lemonade concentrate)
- Berry & Apple** (Mixed berry and green apple)
- Berry Passion** (Mixed berry and passion fruit)

## YOGHURT & CRUSHED ICE SMOOTHIE

28.50

### PLAIN YOGHURT, FRUIT FLAVOURS & CRUSHED ICE

Passion Fruit / Mango / Strawberry / Cherry / Mixed Berry / Blueberry

## SMOOTHIES

### MADE WITH ICE-CREAM AND/OR YOGHURT

## SUNSHINE BLAST

29.50

A choice of Sunshine Juice (Orange, Mango, Fruit Cocktail, Apple or Strawberry) blended with plain yoghurt and/or ice cream

## FRUIT SALAD BLAST

32.50

A choice of Sunshine Juice (Orange, Mango, Fruit Cocktail, Apple or Strawberry) with fresh seasonal fruit salad, blended with plain yoghurt and/or ice cream

## BERRY BLAST

32.50

Strawberry juice and frozen berries, blended with plain yoghurt and/or ice cream

## BANANA & BERRY SMOOTHIE

33.50

Plain yoghurt, banana, strawberry juice & mixed berries

## ALMOND BLISS

35.50

Almonds, banana, plain yoghurt and/or ice cream and milk

## BREAKFAST SMOOTHIE

36.50

Plain yoghurt, muesli, banana, honey and almonds, with a dash of milk.



## SMOOTHIES

### MADE WITH CRUSHED ICE AND SMOOTHIE FLAVOURS

26.50

- Blueberry
- Caramel
- Cino Freeze (Cold coffee and white hot chocolate powder)
- Chocolate
- Cherry
- Chai
- Granadilla
- Green Apple
- Green Apple Lemonade
- Hazelnut Cappuccino
- Kiwi
- Mango
- Milo
- Mixed Berry (Strawberry & Cherry)
- Pineapple
- Passion Fruit
- Strawberry
- Strawberry Lemonade
- Vanilla Cappuccino

# HOT BEVERAGES

**CUP OF FILTER COFFEE** 15.50

Refill 8.50

**MUG OF FILTER COFFEE** 20.00

+ one refill. (Sit in only)

## DECAF COFFEE

Cup 18.00

Mug 20.00

**AMERICANO** 16.00

## ESPRESSO

Single 16.00

Double 20.00

**MACCHIATO** 17.00

A single shot of espresso with a dash of hot milk

**CEYLON (FIVE ROSES)** 16.50

**ROOIBOS** 16.50

**EARL GREY** 18.50

**GREEN TEA** 18.50

**FRUIT FLAVOURED TEA** 19.50

(Please ask the waitron what flavours are available)

**CHAMOMILE** 19.50

**CHAI** 19.50

**SOY MILK  
AVAILABLE  
ADD 4.50**

## CAPPUCCINO

### MILKY CAPPUCCINO

A shot of espresso, extra milk and foamy

Served with whipped cream

### FLAT WHITE

A shot of espresso and a touch of foamy milk

### VANILLA CAPPUCCINO

### DECAF CAPPUCCINO

### HAZELNUT CAPPUCCINO

### RED CAPPUCCINO

Rooibos tea, cinnamon, topped with foamy milk and finished off with a drizzle of honey.

REGULAR LARGE

20.50 25.50

24.50 29.50

20.50 25.50

22.50 27.50

22.50 27.50

22.50 27.50

22.50 27.50

## LATTÉ

**RED LATTÉ**..... 26.50

Rooibos tea, cinnamon with steamed milk and topped with foam milk

**CAFFE LATTÉ**..... 26.50

Rooibos tea, cinnamon with steamed milk and topped with foam milk

**CHAI LATTÉ**..... 26.50

Spice chai tea powder with steamed milk and topped with foam milk

**SUGAR FREE Chai Latté**..... 29.50

Sugar free spice chai tea powder with steamed milk and topped with foam milk

**HAZELNUT LATTÉ**..... 27.50

Classic latte' with hazelnut syrup.

**CHOCOLATE LATTÉ**..... 28.00

Espresso with steamed milk and topped with foam milk and topped with chocolate sauce

**DIRTY CHAI LATTÉ**..... 35.00

Chai latte with a shot of espresso

**MAKE YOUR LATTÉ OR  
HOT DRINK REALLY DECADENT**

Top with whipped cream. Add...6.00

Top with whipped cream and a chocolate flake. Add.....10.00

# HOT BEVERAGES

<b>MILO</b>	26.50	<b>WHITE HAZELNUT</b>	29.50
		White Symphony chocolate & hazelnut powder with steamed milk	
<b>HOT CHOCOLATE</b>	26.50	<b>CHOCOLATE HAZELNUT</b>	29.50
		Chocolate & hazelnut powder with steamed milk	
<b>WHITE HOT CHOCOLATE</b>	26.50	<b>DECADENT HOT CHOCOLATE</b>	31.50
		Hot chocolate with layers of whipped cream and topped with a chocolate flake	
<b>CAFFE MOCHA</b>	28.50	<b>DECADENT WHITE HOT CHOCOLATE</b>	31.50
A single espresso with hot chocolate		White hot chocolate with layers of whipped cream and topped with a chocolate flake	
<b>HOT CHOCOLATE CHAI</b>	29.50		
Chocolate & Chai powder with steamed milk			
<b>WHITE CHOCOLATE CHAI</b>	29.50		
White Symphony & chai powder with steamed milk			

## IRISH COFFEE / DON PEDRO / ADULT MILKSHAKES

(NOT FOR SALE TO PERSONS UNDER THE AGE OF 18)

<b>ADULT MILKSHAKES</b>	49.50	<b>IRISH COFFEE AND DON PEDRO</b>	35.50
<b>PEPPERMINT</b>		WHISKY	
Chocolate milkshake with Nachtmusik & Peppermint liqueur		CAPE VELVET	
<b>STRAWBERRY LIPS</b>		KAHLUA	
Strawberry milkshake with Strawberry lips liqueur & Frangelico		AMARULA	
<b>BLUE BERRY CHEESECAKE</b>		NACHTMUSIK	
Blue Berry Cheesecake milkshake with Jack Daniels			
<b>CHOCOLATE VELVET</b>			
Chocolate milkshake with Amarula & Cape Velvet			
<b>BANOFFEE</b>			
Banana milkshake with Banana Liqueur & vodka			

# ALCOHOLIC DRINKS

## LOCAL BEER

<b>CASTLE LAGER</b>	20.00
<b>CASTLE LITE</b>	22.00
<b>BLACK LABEL</b>	20.00
<b>HANSA PILSNER</b>	20.00

## LOCAL KRAFT BEER

37.50

A selection of Kraft beer from our local Featherstone Brewery.

*Please ask your waitron for details*

## INTERNATIONAL BEER

<b>AMSTEL</b>	22.50
<b>HEINEKEN</b>	23.50
<b>WINDHOEK LAGER</b>	24.50
<b>WINDHOEK LITE</b>	24.50
<b>WINDHOEK DRAUGHT</b>	24.50

## CIDERS

<b>HUNTERS DRY</b>	23.50
<b>HUNTERS GOLD</b>	23.50
<b>SAVANNA DRY</b>	24.50
<b>SAVANNA LIGHT</b>	24.50

## LIQUEURS

<b>AMARULA CREAM</b>	18.50
<b>CAPE VELVET</b>	18.50
<b>NACHTMUSIK</b>	18.50
<b>KAHLUA</b>	19.50
<b>JAGERMEISTER</b>	23.50
<b>TEQUILA JOSE QUERVO GOLD</b>	23.50
<b>FRANGELICO</b>	23.50

## SHERRY & PORT

<b>OLD BROWN SHERRY</b>	16.50
<b>MONIS FULL CREAM SHERRY</b>	19.50
<b>MONIS MEDIUM CREAM SHERRY</b>	19.50
<b>MONIS PALE DRY SHERRY</b>	19.50
<b>ALLESVERLOREN PORT</b>	22.50

## SPIRITS

<b>BELLS.....</b>	19.50
<b>BACARDI.....</b>	19.50
<b>CAPTAIN MORGAN JAMAICA RUM.....</b>	18.50
<b>GORDONS.....</b>	18.50
<b>J&amp;B.....</b>	19.50
<b>JACK DANIELS.....</b>	26.50
<b>KLIPDRIFT EXPORT.....</b>	19.50
<b>MAINSTAY.....</b>	18.50
<b>RED HEART.....</b>	18.50
<b>RICHELIEU.....</b>	19.50
<b>SPICED GOLD.....</b>	19.50
<b>SMIRNOFF.....</b>	18.50
<b>SOUTHERN COMFORT.....</b>	25.50